



Jessica Olsen, 11

NATURE PHOTOGRAPHY

SPONSOR A WORKSHOP

Sponsor a mindful nature photography workshop for students 8-18 to improve their mental wellbeing and deepen the love for nature.

IMPROVE MENTAL WELLBEING
BUILD SKILLS AND CONFIDENCE
PROTECT NATURE (KAITIAKITANGA)

By forming deep connections to our natural environment, we are happier, more compassionate, conserve what we love, and live sustainably.

In nature, there is deep wellness.

Students aged 8 to 18 years old learn how to use a high quality digital SLR camera to take photos of nature, and capture the beauty and biodiversity of reserves and parks through photography. IMAgEN8 provides the cameras for the participants, and our teachers teach them the technical and artistic aspects of photography. Students receive digital copies of their best pictures, and are published in the [Compassionate Nature magazine](#), [books](#) and [exhibited](#) at our art & community centres and libraries.

IMAgEN8's professional photography tutors bring a diversity of experiences, styles and interests. They are easy going, fun and enthusiastic, and students enjoy learning with their friendly style and insights from their experience. We walk mindfully through the reserve, bush, or park and find beautiful, interesting and special things to capture in a photograph. Workshops spark creativity and a deeper connection with nature, and motivates kids to create meaningful, captivating photographs while learning the basics of photography and the importance of protecting the world around us.

“Nature photography takes my attention and fuels my love for it. Through my photos, I unveil the wonders of our world to others.”

Kavisha Kanagasooriyam (age 9)

WORKSHOP

Beginner's mind

dSLR camera basics
Observation and mindful attention
Finding good subjects
Composition

“Those who dwell among the beauties and mysteries of the earth are never alone or weary of life.”
Rachel Carson



IMAgEN8 is a registered charity whose purpose is to foster sustainable connections with New Zealand's natural environment in our diverse communities through education, photography and technology.

Since 2018, we have conducted 122+ workshops with 742+ students and published 21 books and magazine editions.

Duration: 1-2 hours at a nature reserve, park, or a bush walk

Size: 5 participants

Ages: 8-18

Sponsorship cost: \$300 per workshop

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