



MINDFUL NATURE PHOTOGRAPHY

Photography workshop program that connects students with nature, develops mental wellbeing, builds photography and creative skills, and fosters love for nature reserves, parks and open spaces in their neighbourhood.

We believe that by forming deep connections to our natural environment, we are happier, more compassionate, conserve what we love, and live sustainably.

In nature, there is deep wellness.

WORKSHOPS

The introductory school program consists of 3 workshops for a cohort of 5 students. All workshops are held on school grounds, nature reserve, garden or park.

Students use high-quality Canon and Nikon digital SLR cameras on the workshops. They receive digital copies of their pictures, and 5 small prints to take home. Students' select work is published in our biannual magazine and books, and may be exhibited in our annual exhibitions.

01 | Beginner's mind

In this workshop, we cover dSLR camera basics like holding the camera and taking a picture. We learn to pick good subjects like flowers, leaves, insects, birds, trees.

02 | Small is beautiful

Students learn about composition and light while exploring dSLR photography further. We look for things like water drops, patterns in nature, detail in a flower, colour. We may also use toy birds, animals and shells.

03 | Try something different

Students extend their skills by controlling aperture and shutter speed, trying out zoom lens, or trying new subjects and compositions. They receive 5 small prints to take home.



Tāmaki College
EAST AUCKLAND



IMAgEN8 has been running these programs since 2019. This 3-workshop school program is a starting point for students to explore nature photography. Interested students can continue their learning journey through our borrow-a-camera and Duke of Edinburgh Hillary award programs.

Program costs \$1000, which includes 5 exhibition quality prints

IMAgEN8 is a registered charity.

Contact: tushar@imagen8.co.nz

www.imagen8.co.nz