



COMPASSIONATE NATURE

BY IMAGEN8

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COMPASSIONATE NATURE



Victoria Avenue Primary School, created during the lockdown. Thank you to Year 6 teacher, Gina Lee, for organising this with the students!

01. NATURE THERAPY

I hope you have had the chance to spend some time in Nature during

the Covid-19 lockdown, wherever you are in the world. Listening to birds in our backyards, marveling at trees draped in autumn colour, enjoying a walk in the sun - all these simple things can enhance our mental wellbeing.

02. YOUNG ARTISTS

This issue has lovely photographs and writings from students at

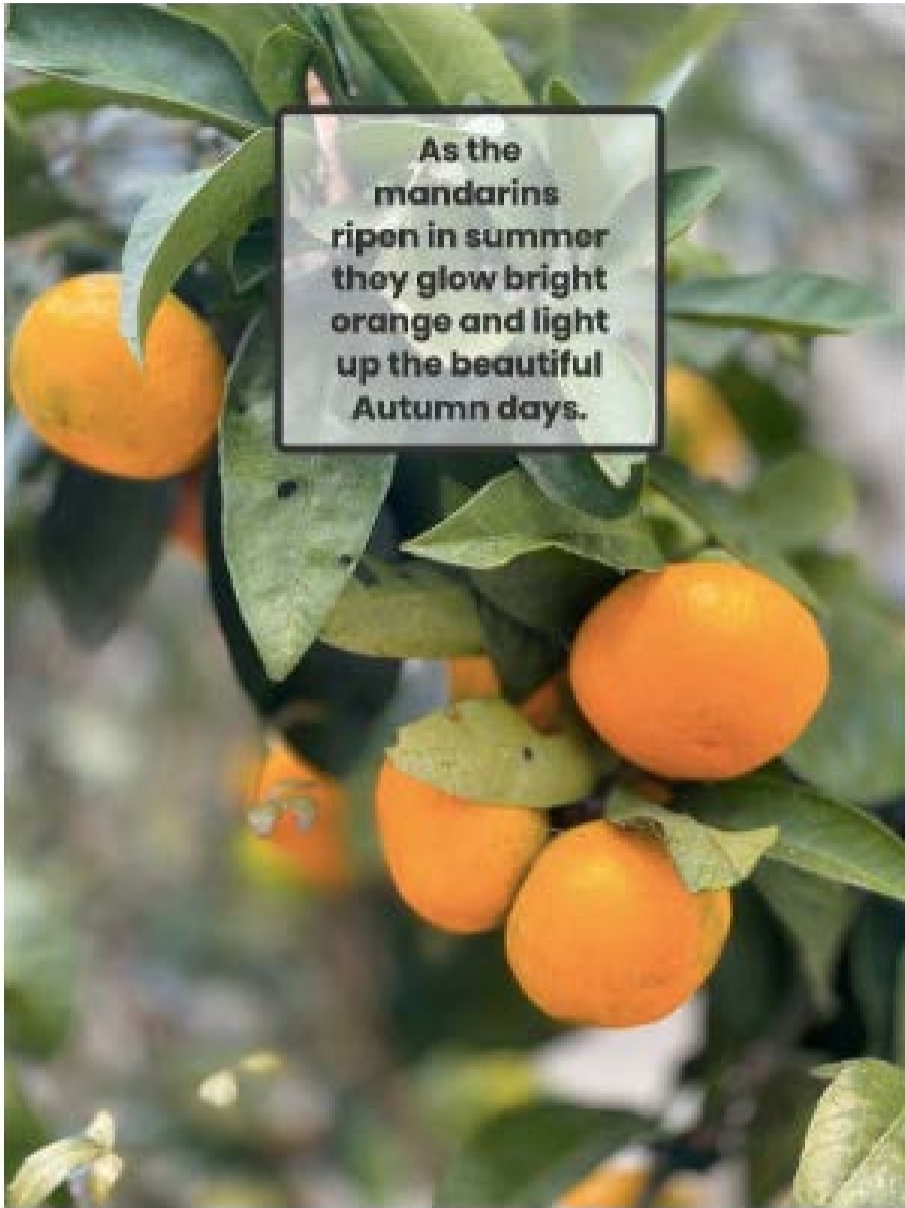
04.

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As the mandarins ripen in summer they glow bright orange and light up the beautiful Autumn days.

BY WILLIAM

**YEAR 6
VICTORIA
AVENUE
PRIMARY**

DISCOVERY

Students enjoyed discovering their own backyards with a camera in hand.

We don't have to travel far to find beauty that gives us joy and inner peace. Nature is all around us. We can start by paying attention and merely looking and listening.

**BEAUTIFUL FLOWER
THE GOLDEN SUN GLIMMERING
MORNING IS COMING**

**BY OLESYA
YEAR 6
VICORIA AVENUE PRIMARY**



A LONE DAISY IN A SEA OF GRASS
WATCHING THE WORLD GO BY
IT FEELS A SENSE OF LONELINESS
FOR IT KNOWS THE SEA WILL NEVER END
SO IT STANDS THERE SILENTLY



by Dylan
Year 6
Victoria Avenue Primary School



Red Flower
Chandelier

by Sierra
Year 6
Victoria Avenue Primary School



REMEMBER THOSE WHO CAME BEFORE YOU

**BY CONNELLY
YEAR 6
VICTORIA AVENUE PRIMARY**

MUSHROOMS IN MY BACKYARD

**I WENT OUTSIDE AND FOUND
A MUSHROOM IN MY YARD. AT
FIRST, IT LOOKED LIKE A LITTLE
TREE. I TOOK SO MANY PHO-
TOS BUT I LIKED ONE OF THE
MUSHROOMS. FIRST IT LOOKED
WHITE ON THE TOP BUT TO MY
SURPRISE AND WHEN I LOOKED
CLOSELY IT WAS BROWN AT THE
BOTTOM.**

**I FOUND OUT THAT MUSHROOMS
ARE ALSO CALLED TOAD-
STOOLS AND IT IS THE FLESHY,
SPORE-BEARING FRUITING BODY
OF A FUNGUS. MUSHROOMS CAN
ALSO GROW ON TREE BARKS AND
ABOVE GROUND. SOME MUSH-
ROOMS WE CAN EAT AND SOME
MUSHROOMS WE CAN'T.**

**BY ISHAN
YEAR 6
VICTORIA AVENUE PRIMARY**



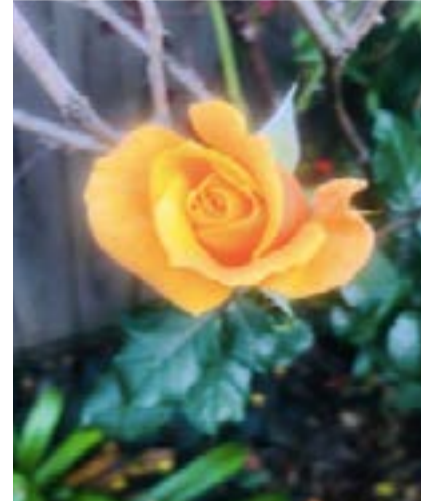
GREEN LEAF SITTING IN THE SUN
WATER DROPLETS SLOWLY SLIDING AWAY
ONE BY ONE THE LEAVES BEND OVER EACH OTHER
MAKING HALF A RAINBOW SHAPE.



by Poppy
Year 6
Victoria Avenue Primary School

**LOVE YOURSELF,
YOU ARE BEAUTIFUL IN YOUR OWN WAY**

**BY GAMU
YEAR 6
VICTORIA AVENUE PRIMARY**



FERN

**BY EDWARD B
YEAR 6
VICTORIA AVENUE PRIMARY**



**TREES BRING LIFE AND OXYGEN TO
PRECIOUS ANIMALS!**

**BY CAITLIN
YEAR 6
VICTORIA AVENUE PRIMARY**



A group of dry leaves softly hanging on their last strands.

**BY EMILY
YEAR 6
VICTORIA AVENUE PRIMARY**

F

LOWER



by Max M
Year 6
Victoria Avenue School

IMPERMANANCE

An important lesson from Nature is that of impermanance. Nothing lives forever, and that which does not live withers away in a small fraction of the universe's lifetime.

We often forget this in our busy lives. Finding shelter, safety and food, our attention goes elsewhere. We hoard money, houses, toys, phones, information, love - forgetting that all these will fade and so will we.



Living within the walls of our houses and office buildings does not change the fact that we are part of the natural world. When we walk in Nature, we feel less permanent, less solid. But more free, more peaceful. Like the leaves fluttering in the wind, our cares drop away.

Can we remember to spend our energies on what matters in the long run, a run way

beyond our own lives? Can we create new life, build beautiful things and work in harmony with our human community and in balance with Nature?

-Tushar



"WHEN THE BLOOD IN YOUR VEINS RETURNS TO THE SEA, AND THE EARTH IN YOUR BONES RETURNS TO THE GROUND, PERHAPS THEN YOU WILL REMEMBER THAT THIS LAND DOES NOT BELONG TO YOU, IT IS YOU WHO BELONG TO THE LAND." NATIVE AMERICAN PROVERB





Life takes many paths



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NATURE

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AUCKLAND,
NEW ZEALAND

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