

A vibrant rainbow lorikeet is perched on a tree branch. The bird has a blue head, a yellow breast, and green wings with blue and red accents. The background is a soft-focus green, suggesting a natural habitat.

COMPASSIONATE NATURE

BY IMAGEN8

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COMPASSIONATE NATURE

Time to slow down



Kia Ora everyone,
Enjoy the beauty
of Nature through
the eyes of students
from Epsom Normal

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Primary, Remuera
Intermediate and
Roscommon schools.
Welcome and thanks
to Hina Patel who
has been leading
the workshops at
Roscommon school
this year.

As the days grow
shorter in New
Zealand, it is time
to slow down and
connect with our
whanau and be in

tune with the rhythm
of Nature. A time to
be thankful about
the many things that
make New Zealand a
safe place to live.

I hope that the
coming months
bring less suffering
and more wellbeing
around the world.

Be kind.

-Tushar

LIKE A BOAT IN A RIVER



by Jonathan
Year 7
Remuera Intermediate School

FINAL BLOOM



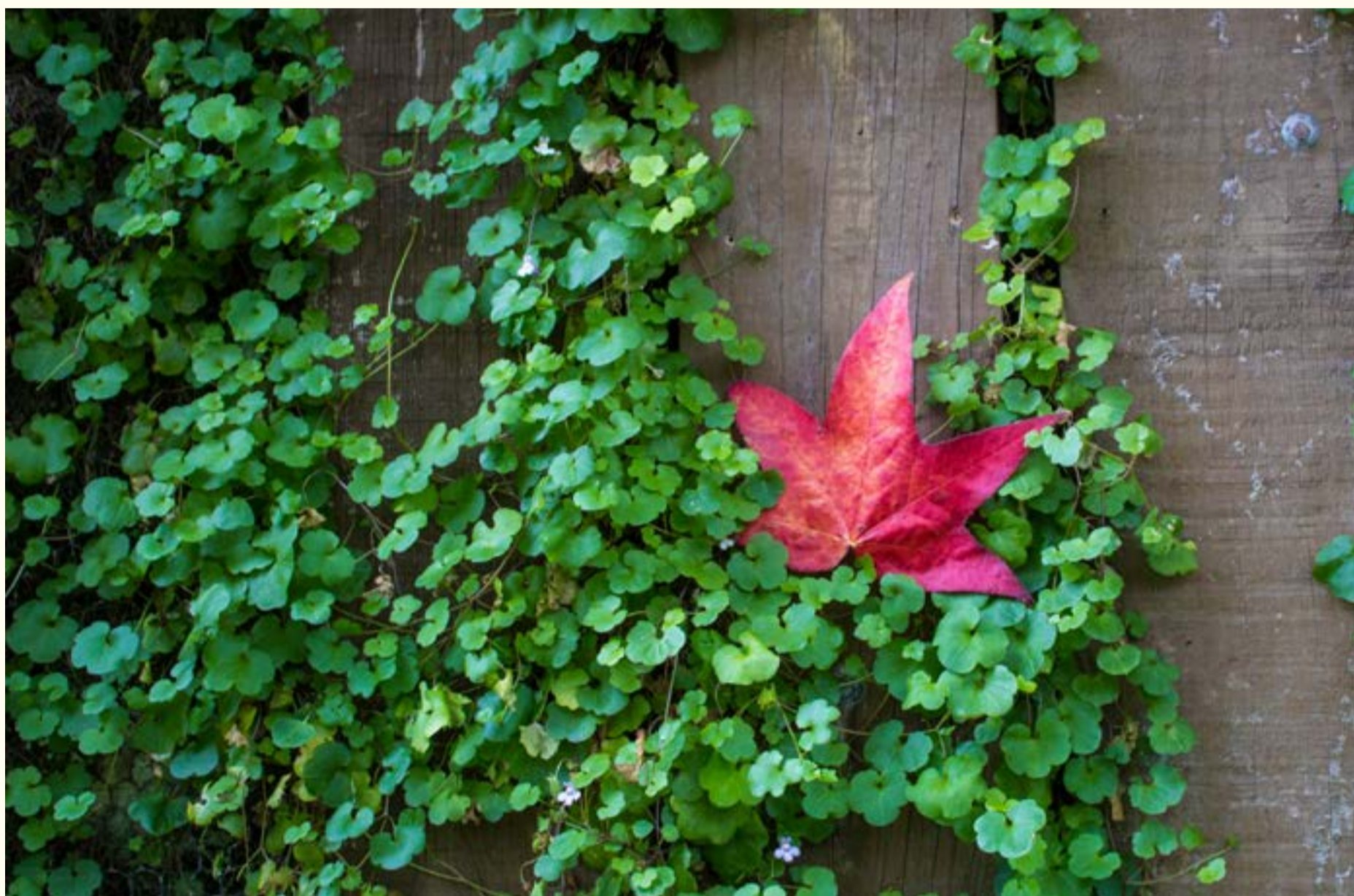
by Lorraine
Year 6
Epsom Normal Primary School

I AM OF THE EARTH



by Lovely-Rose
Year 8
Roscommon School

VISITOR FROM ANOTHER TREE



by Luca
Year 7
Remuera Intermediate School

DANIELLE IS GOING TO GET CRUSHED



by Shiya
Year 7
Remuera Intermediate School

I HOLD A HEART IN MY HAND



by Ezra
Year 8
Roscommon School

GLAD YOU NOTICED ME!



by Georgina
Year 8
Roscommon School

TREACHEROUS YELLOW



by Khushi
Year 7
Remuera Intermediate School

What I can see from this photo is a dead beetle having a wonderful experience on the bright purple flower.



by Mel
Year 7
Roscommon School

DRENCHED



by Pheenyx
Year 7
Roscommon School

I thought that it will be weird but it came out good.
It felt awesome, and
it was cool holding it.



by Matthew
Year 7
Roscommon School

PURPLE EMOTIONS

A purple emotion is fine and this photo is looking "fine"



by Te Amomai
Year 7
Roscommon School

W

hat I saw was a bee so I rushed to it and took a photo, and on that day I felt so excited because I love taking photos of small animals.



by Meafou
Year 7
Roscommon School

TROPICAL LEAF



by Lorraine
Year 6
Epsom Normal Primary School

SPIDER WATERFALL



by Zara
Year 6
Epsom Normal Primary School

STILLNESS



by Sienna
Year 6
Epsom Normal Primary School

THE SCARED PIGEON



by Jasmine
Year 6
Epsom Normal Primary School

CRISPY LEAF. CRISPY LOVE.



by Cleo
Year 6
Epsom Normal Primary School

VOICE OF THE STUDENTS

We feel calm and happy doing things outside and spending time with nature. I find it amazing how nature can lower our stress levels. I spend a lot of time outside playing and looking at nature and I find it super cool that when we are offline looking at nature, it can help us think and recover.

Another cool fact I learned was that people have studied and found out that color can affect our emotion, so when you look at yellow flowers you might get happier. When you are outside, the oxygen is so much fresher, so you can calm down easier. When we inhale the smell of plants, it can help us and can activate memories. I find still water calming and it is quite calming to sit by a still puddle and relax. What an amazing world we live in today!

Kate
2020 Year 8 Student
Remuera Intermediate School

Marbled Gems

Escaping from the prison of its body,
it descends from a staircase to a new world.

Emerald, aqua, violet,
A whirlpool of colours,
A piece of nature's art.

It is a golden treasure,
Disguised by a skeleton of a home.

A gift wrapped in the waves,
Made of sunlight.
Seen in the blackest depths of the ocean.

Found only in my imagination,
It is a fragment from a different dimension.

It is the heart of the ocean.
The eyes of the waves,
Belonging to no one but itself.

Precious, gorgeous,
Afraid but not alone.
The colours of the ocean.

Mia
2020 Year 6 Student
Epsom Normal Primary School

TWINS



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Nurturing a love for Nature
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AUCKLAND,
NEW ZEALAND



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